

PACFA 2012

Biennial Conference

Effectiveness: What Works?

Event Sponsors



What Works?

An exploration of effectiveness
in counselling and psychotherapy

Registration Form

27 - 28 October 2012

Pre-Conference workshop 26 October

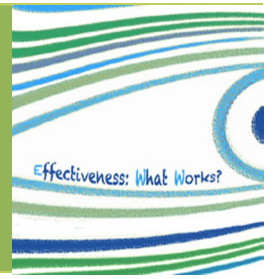
Melbourne Victoria Australia



Psychotherapy and Counselling Federation of Australia

290 Park Street, Fitzroy North VIC 3068
Tel. 61-3-9486 3077 Fax. 61-3-9486 3933
Email: conference@pacfa.org.au
Website: www.pacfa.org.au

PACFA 2012 Biennial Conference



About the Conference

The PACFA conference 2012 will focus on the theme 'What works? – Exploring effectiveness in counselling and psychotherapy'. It is increasingly important for the counselling and psychotherapy profession to understand and to be able to articulate which interventions are effective for clients, not only to deliver more effective therapy to our client but also to raise the profile of the profession.

Keynote speakers Professor Robert King and A. Roy Bowden will head a select group of quality Australian speakers who will present papers and workshops and chair a panel of experts in the field.

PACFA's Research Committee is also offering a Research Workshop before the conference for representatives of PACFA's 31 member associations and others interested in research. Professor Robert King will facilitate the session which will explore knowledge and understanding of the clinical relevance of current research in counselling and psychotherapy.

Attendance at the conference will count towards professional development for PACFA's renewal requirements. There will be a door prize of an ipad 2 for one lucky delegate.



Venue

The Treacy Centre is an elegant Victorian mansion built in 1873 in a beautiful Parkville location, surrounded by parklands, just 3km from the CBD and easily reached from Tullamarine airport. It is minutes away from the zoo, the University of Melbourne and the Lygon Street and Sydney Road restaurant districts. All day parking is available in nearby streets.

Accommodation

The Vibe Hotel is located one block away from the Treacy Centre. To secure the discounted rates below please quote 'PACFA Conference' when booking your accommodation.

Vibe Hotel Carlton

441 Royal Parade Carlton
(03) 9380 9222

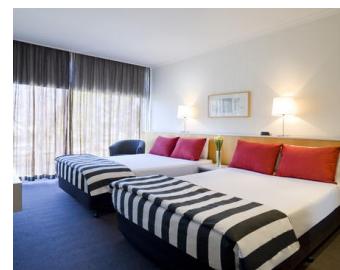
\$124 per room, per night
Breakfast is \$15 per person

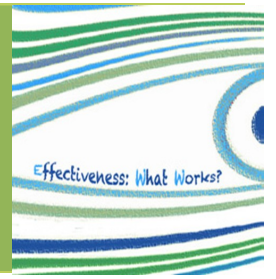
Terms & Conditions

- Bookings are to be made by conference participants contacting the Vibe Hotel directly
- Rates are subject to availability and valid for the 26th, 27th and 28th October 2012
- Rates apply to single, twin and double occupancy and are inclusive of GST
- A surcharge of 1.5% applies to all American Express, Diners Club, Masters Card and VISA card transactions

Cancellation Policy

It is the policy of the Vibe Hotel that all room cancellations must be advised within 24 hours' notice directly to the hotel. Cancellations that occur within 24 hours will incur a fee of 1 night's accommodation at the confirmed rate.





Keynote Speakers

Professor Robert King PhD, FAPS

Keynote address: What does the evidence tell us about evidence-based practice?

Robert King is a clinical psychologist and psychotherapist who has a substantial track record in research, publication, teaching and clinical practice. He is peer review editor for Psychotherapy in Australia and an associate editor for Research and Policy in Mental Health and Mental Health Services Research. He is a research advisor for both international and Australian non-government organisations and is a board member for Richmond Fellowship Queensland. He has published over 100 refereed journal articles, book chapters and books in the field of mental health practice and psychotherapy. His most recent book is A Manual of Psychosocial Rehabilitation (Blackwell-Wiley) scheduled for international release in August. Robert is also very active in teaching and training. He developed the multidisciplinary postgraduate mental health program for the University of Queensland before moving to QUT to assume responsibility for Clinical Psychology training. He also provides workshops and supervision for practitioners. Robert's most intensive training has been in psychoanalytic psychotherapy but he also has some familiarity with and expertise in aspects of CBT and systemic therapy.



A. Roy Bowden MSW (Hons) MNZAP

Keynote address: Moving beyond 'self' and 'the other' to discover what works

A. Roy Bowden is a former president of the New Zealand Association of Psychotherapists and is currently the New Zealand representative on the board of the World Council for Psychotherapy. Roy wrote the first book to be published about psychotherapy in New Zealand (2001) and holds a Distinguished Service Award from NZAP for encouraging New Zealand therapists to review their practice within the innovative bi-cultural environment in Aotearoa. During his ten years as a clergyman he trained Lifeline counsellors and managed a church social service agency. Roy has been the director of a family counselling centre, and has worked in prisons and in a community psychiatric facility. He taught counsellors in a degree program at the Wellington Institute of Technology and was a Senior Lecturer in Social Work at Massey University. He is on the editorial board of the Asia-Pacific Journal for Counselling and Psychotherapy and is an adviser to the editorial board for the Journal of the World Council for Psychotherapy. He was a national trainer for relationship services counsellors and is currently in private practice as a relationships consultant and mentor. His practice includes counselling for couples with his life partner, Carol, at Mana Consultancy.



Invited Speakers

Prof Russell Grigg: Psychoanalysis for the 21st century: A Lacanian looks at the challenges we face

Dr Catherine Hungerford: What works in mental health?

Dr Cathy Kezelman: Trauma Informed care

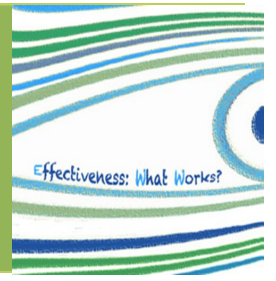
Dr Cath McGrath : The research evidence of the Conversational Model

Christina Nielsen: Holistic counselling and psychotherapy effectiveness

Keith Tudor: Transactional Analysis works: The evidence base for Transactional Analysis and the basis of evidence for therapy

Dr Michelle Webster: Relational signatures in emotionally focused therapy: What, when, where and how

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Pre-conference workshop

PACFA is offering a one day workshop on counselling and psychotherapy research prior to the PACFA Conference. The workshop will be facilitated by Professor Robert King from Queensland University of Technology.

In this workshop, you will gain knowledge and understanding of the clinical relevance of current research in counselling and psychotherapy. The workshop will be very practical and will teach you about levels of evidence, how to interpret research findings, and where to look for evidence about clinical practice.

The workshop is offered FREE to one delegate from each PACFA Member Association. There is also a limited number of workshop places available at \$150 plus GST.

Attendance at this workshop will count towards professional development for PACFA's renewal requirements.

Conference Dinner

The 2012 Conference Dinner will take place at 7pm on Saturday 27 October at the conference venue. The cost of the dinner is \$75 for a 3 course meal including drinks.

This is an opportunity to socialise and network and to enjoy the company of other conference delegates.



Places are limited for the dinner so please book early to avoid disappointment.

Financial support to participate in the 2012 PACFA Conference

The Mental Health Council of Australia has kindly provided PACFA with sponsorship to enable consumers, carers, students and those on low incomes to participate in the conference. To apply for a grant, please download the Application Form at the PACFA [website](#) and submit via email to conference@pacfa.org.au.

Through our partnership with the National Mental Health Consumer & Carer Forum (NMHCCF), PACFA is engaging with consumers and carers who have experience of counselling and psychotherapy services. Consumers and carers are encouraged to participate in the 2012 PACFA Conference.

The following grants are available:

- Consumers and carers - Conference registration fees and travel and accommodation costs
- Student and low income scholarships - Conference registration fees

Sponsorship and Exhibition Opportunities

PACFA thanks the following conference sponsors:

- Mental Health Council of Australia
- Australia College of Applied Psychology
- Fenton Green
- South Pacific Private
- Australian Government Department of Health and Ageing

Information for prospective sponsors and exhibitors can be obtained from the PACFA website or by contacting PACFA at conference@pacfa.org.au or by phone, (03) 9486 3077.

PACFA
2012
Biennial
Conference



Registration Form

Please return this form via mail to:

PACFA
290 Park Street, Nth Fitzroy, VIC 3068
OR email: conference@pacfa.org.au

Registration enquiries:

T: 03 9486 3077
E: conference@pacfa.org.au

PERSONAL DETAILS

Full name (include title)	
PACFA Member Association (if applicable)	
Address	
Phone (home/mobile)	
Email	

REGISTRATION

Registrations will not be processed without full payment. Full payment must be received by the deadline to receive early bird rate. All prices are in Australian dollars and include GST.

Full registration	Members	Non-Members
Full registration (2 days) —early bird	\$360 <input type="checkbox"/>	\$460 <input type="checkbox"/>
Student registration (2 days) —early bird	\$260 <input type="checkbox"/>	\$360 <input type="checkbox"/>
Full registration (2 days)	\$460 <input type="checkbox"/>	\$520 <input type="checkbox"/>
Student registration (2 days)	\$360 <input type="checkbox"/>	\$420 <input type="checkbox"/>
1 Day registration Saturday <input type="checkbox"/> Sunday <input type="checkbox"/>	\$250 <input type="checkbox"/>	\$280 <input type="checkbox"/>
1 Day student registration Saturday <input type="checkbox"/> Sunday <input type="checkbox"/>	\$180 <input type="checkbox"/>	\$200 <input type="checkbox"/>
Pre-conference workshop (limited places available)	\$150 <input type="checkbox"/>	\$200 <input type="checkbox"/>
Conference dinner (limited places)	\$75 <input type="checkbox"/>	\$75 <input type="checkbox"/>
Total	\$	\$

* Early bird discount applies for registration on or before Friday August 31st

Student number (if applicable) _____ Course studied _____

PAYMENT METHOD

- Payment must accompany your registration form
- Early bird registration must be received by Friday August 31st, otherwise the next level of payment will be charged
- All prices are quoted in Australian dollars and are inclusive of GST

Cheque: Payable to PACFA

Direct Deposit:
Bank: ANZ Account name: PACFA BSB number: 013-374 Account number: 4919-78993

When paying by direct deposit please quote your name and "Conference"

Credit Card: Visa Mastercard

Cardholder name:

Card number:

Expiry date MM/YY:

/

Signature:

Amount: \$

A surcharge fee will be charged of 1.95% on all credit card payments

Cancellation Policy

If a cancellation is received prior to 19th October 2012, 50% of the fees will be refunded. After that date no refunds can be made, but substitute delegates will be accepted.